

Women's Retreat March 23-25, 2012



JOIN US!

The Prothro Center is secluded and surrounded by God's beauty and serenity. It is located on Lake Texoma, north on Hwy 75 about 1 1/2 hours from Coppell. For driving directions see www.prothrocenter.org.

Let Your Light Shine



“ Let your light so shine that all may
see your good works, and
glorify God in heaven. ”

Matthew 5:16

First UMC of Coppell
Women's Retreat
March 23-25, 2012
Prothro Center
Lake Texoma



This year's speaker is Kathy Light. She is Founder and President of KathyLight International, a company dedicated to inspiring others to achieve their visions and "realize their greatness" through insightful, uplifting, action-oriented workshops and personal training. Kathy's passion is to help others learn to balance deeply

held personal and family values in the midst of all life's challenges. Her recent book—*Reasons Why YOU ROCK — Realize Your Greatness and Amplify Your Personal Power* will be the focus of her workshop. In addition to her roles as wife, mother of two, and business owner, Kathy is an active member of Christ UMC, Plano, and an accomplished soprano in their choir.

Friday - Check-in begins at 4:00 pm. Dinner is at 6:00 pm with fellowship and fun activities to follow.

Saturday - Our morning will be spent in session with Kathy Light. After lunch we will come back together for reflection and discussion on the morning's presentation. In the afternoon, enjoy free time with a walk around the lake or woods, reading a book, playing games, enjoying a yoga session, taking a nap, or just visiting with friends, both old and new.

Saturday Evening – After dinner we will enjoy fun, fellowship, and games together.

Sunday – After breakfast we will have group sharing and worship overlooking the lake as we close our time together. We promise to wrap up around 11:00 am so you can be home in time to enjoy Sunday with your family!

Yes, I want to go!

To Register: Fill out the enclosed registration form and return to the Church Office by February 20, 2012. Make checks payable to FUMC – write "Women's Retreat" in the memo area. You may choose your roommate or we will have one for you!

Cost: The cost is **\$145 by January 31, 2012 or \$155 after**. This includes 2 night's at the Prothro Lodge and 5 scrumptious meals. The lodge has hotel style rooms with a community deck that overlooks beautiful Lake Texoma. ☐☐ Rooms are double occupancy (with a few triple occupancies available on request). Unfortunately, we cannot offer a partial weekend option and we are unable to give refunds unless we are able to fill your spot. We encourage everyone to plan on attending the entire weekend!

Scholarships: Limited partial scholarships, based on financial need, are available to FUMC members. Please see Rev. Susan Bryan if you need assistance.

For More Information Contact:

Rev. Susan Bryan
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972-462-0471 ext. 215

**We sincerely thank our United Methodist Women
for their financial support helping
to underwrite this retreat.**